



**LINCOLN STREET  
Lawrence Hill  
Bristol BS5 0BJ**

**Tel: 0117 955 5606**

[manager@methodist-centre.org.uk](mailto:manager@methodist-centre.org.uk)

### Drop-in centre open

**Monday:** 1.15–3.30pm

**Tues–Thur:** 10am–3.30pm

Breakfast – 10–11am

Lunch – 12.30–1.30pm

### Charity Shop Open

Mon–Thur: 10am–4.30pm

Tel: 0117 907 9875

138 Church Road

Redfield

Bristol

BS5 9HH

### Who we are

The Bristol Methodist Centre is a Christian community offering shelter, sanctuary and support to homeless and vulnerable people. The Centre provides a drop-in service where people can get free meals, clean clothes and a shower. Support staff are on hand each day to help with various problems; and guests are welcome to take part in the regular pattern of prayer and worship in the small chapel. Guests are also able to use phones, or charge their own as well as make use of the internet. The work is funded entirely by voluntary contributions and we receive no local authority funding.

## Food items needed

Sugar  
Sugar Puffs  
Chocolate Cereals  
UHT Milk  
Cadbury Cream Eggs  
cooking sauces  
tinned new potatoes  
tinned ham  
tinned stewing steak  
instant mash  
coffee  
evaporated milk

## Not needed at the moment

Sweetcorn  
carrots  
peas  
soup  
fruit,  
custard  
rice pudding  
beans  
tuna  
Cornflakes  
Wheat-a-bix  
tea

## Work clothes urgently needed

We are always keen to encourage our guests to find work. We are frequently asked for chef/ kitchen clothing, steel toe cap boots etc. If you know of anyone or are able to donate any type of work clothing this would be wonderful. We are compiling and area to accommodate this so that hopefully we can supply our guests with what they need when they have the firm offer of employment. Thank you.

Karen

## Laundry update

Well I can't thank you enough for your amazing generosity! Thanks to your kind donations we have now been able to replace the ineffectual tumble dryer and purchase a new washing machine. You were so wonderful that we have also been able to install a new work surface for folding and sorting too and have been able to revamp the area to make it more productive and so much easier to use. Thank you because this would have been possible without your love and kindness.

Karen



# Easter 2019

## HE HAS RISEN

It has long since been a dream of mine and those that work at the Bristol Methodist Centre that we would at some point be able to support our guests with health care. Life on the streets is tough and we see many of our guests coming into the centre with cuts, abrasions, infected injection sites, issues with their feet, mental health concerns, undernourished and pretty much walking wounded.

We as the Bristol Methodist Centre can only do so much, like a war time medic we can patch them up as best we can (we have numerous first aiders in our team) and then send them back out to the streets. We also recommend in some cases that they need to either go to hospital or a walk in centre to have their needs met, those that fall outside of 'first aid' – but the problem is, no matter how much we urge them to go and receive medical help, once they leave the centre, we have no idea if they actually do this or not, and in some cases the issues get worse and in turn their health suffers – worst case scenario, some of them could die due to complications from their injuries, with sepsis or infection a very real threat.

So, I am delighted to tell you all that we have now, after a good year of persistence, been able to secure a weekly drop in clinic at the Methodist Centre with the help of the Homeless Health Team. Each week we have a nurse on site, one of which is a prescribing nurse (helping to prescribe antibiotics etc. to our guests who do not have a doctor or who are not registered with a practice) who tend to guests on a weekly basis. It has been running for over a month now and I have already started to see the fruits of this service, working for the good of our guests.

Not only do the nurses treat the various injuries our guests present with, I have also

seen them show great compassion towards our guests, as they sit with them, and talk with them at length about the many concerns they have. In some cases this is all that our guests need, especially those with mental health issues, someone to sit with them and talk with them – and in doing this the nurses are able to better inform our staff team on how to better care for and engage with specific individuals with whom we have concerns regarding the state of their mental health.

Seeing this work in action is a blessing that I do not take for granted, it is something as Christians we are called to do, to help those that are less fortunate than ourselves, those who are in need, those who are stuck in the pit of despair – as Jesus said 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.' It is an honour and a blessing that we at the Methodist Centre get to do this work. We live out this verse, day-in and day-out and I for one know that I have one of the best jobs in the world – and I am sure my staff team would also testify to this too!

**MATTHEW 25:40 (NIV)**

**40 "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'"**

I would ask that those of you who have taken our mission to heart could pray earnestly into this provision - for protection, for breakthrough and for the continued work of the Homeless Health Team – they do a remarkable job and we are thrilled to have them using the centre to provide free and accessible assistance to many of our guests and the homeless community within Bristol.

**Ross Jeffery** Centre Manager