



shelter, sanctuary and support for homeless and vulnerable people

Fools for Christ!

Homelessness is no joke

Saturday 1st April 2023

Route information

Walking			
From	Approx Distance to next stop (miles)	Arrive (approx. time)	Depart (approx. time)
Methodist Centre	2		9.30
Parkway	1		10.00
The New Room	1	10.30	
Faithspace	1.5	11.15	
Knowle	1.5	12.30	1.30
St Peter's	3	2.15	
The Haven (Speedwell)	1.5	3.00	
Bethesda	1	4.00	
Methodist Centre		4.30	

Cycling				
From	Approx Distance to next (miles)	Surface (to next stop)	Arrive (approx. time)	Depart (approx. time)
Methodist Centre	2	Main Road		9.30
Wesley Memorial	0.5	Main Road	9.45	9.55
Hanham	1	Main Road	10.00	10.10
Potterswood	3.5	(Main Road) – Cycle Path	10.20	10.30
Shortwood	5.5	Cycle Path – (Main Road)	10.50	11.00
Yate	3.5	Main Road – Side Road	11.35	12.05
Watley's End	1.5	Side Road	12.25	12.35
Winterbourne Down	1.5	Side Road – Cycle Path	12.45	12.55
Badminton Road	1.5	Main Road	1.05	1.35
Staple Hill	5	Main Road – Cycle Path	1.45	1.55
St Andrew's	1.5	Main Road	2.30	2.40
Horfield	1.5	Main Road	2.50	3.00
Westbury on Trym	3	Main Road	3.10	3.30
Victoria	2.5	Main Road – Cycle Path	3.55	4.05
Methodist Centre			4.30	

**For more information or to take part, please contact Richard Sharples (walking)
or Naomi Sharp (cycling)**

Richard: richard.sharples@methodist.org.uk 0117 962 9679

Naomi: churhandcommunity@bsgc.org.uk 0117 239 3875

- Participants may join the whole walk or ride, or join in/out for one or more stages of the route.
Please let us know if you are going to take part and where you plan to join.
- It is expected that some churches may be open for use of facilities, and we hope that some will have a coffee morning/afternoon tea going on too.
- At each stop we will pray for the work of the Methodist Centre and local mission.
- Individuals will be responsible for their own physical fitness to take part, and will be asked to sign a form on the day to say they are taking part at their own risk.
- Participants must provide contact details for someone who can be reached on the day in case of emergency.
- Cyclists will be responsible for their own bike and safety wear.

Risk Assessment - Walking

Risk: Traffic Accident

- *Appointed Leader and Back-marker to wear high visibility vests on any road sections;*
- *Group to walk single file and close together.*

Health

- *Sign-up sheet and publicity will make clear that people are aware of distance/time;*
- *Leader will have some plasters on hand and drinking water;*
- *Regular stops will take place;*
- *Leader will identify someone with a mobile 'phone in case of emergency.*

Extreme Weather

- *Waterproof clothing will be recommended;*
- *In very extreme weather, the route will be curtailed or altered.*

Risk Assessment – Cycling

Risk: Traffic Accident

- *All participants to wear helmets and have some kind of extra visibility e.g. high viz clothing and/or lights*
- *Where possible, route will follow designated cycle paths*
- *Numbers will be limited so that the group does not cause an obstruction*
- *Participants will cycle responsibly, following the highway code*
- *Participants will be responsible for the roadworthiness of their own bike*

Risk: Health

- *Participants will be responsible for assessing their own fitness to participate*
- *Regular stops will be provided, giving opportunity for rest and refreshment*
- *The group leader will carry a mobile phone and contact details for emergency use*

Risk: Extreme Weather

- *In case of extreme weather (heat, cold, rain) a decision may be taken to curtail or alter the route*